








BACK-TO-SCHOOL ROUTINES

MORNING

- Get up on time: _____ a.m.
- Brush teeth
- Wash face & hands
- Get dressed
- Make bed
- Brush hair
- Eat a healthy breakfast
- Get lunch and backpack

NIGHTTIME

-  Put completed homework in backpack
-  Lunch prep for next day
-  Choose outfit for next day
-  Take a bath or shower
-  Brush teeth
-  Read
-  Go to bed on time: _____ p.m.



**HAVE A GREAT DAY
AT SCHOOL!**